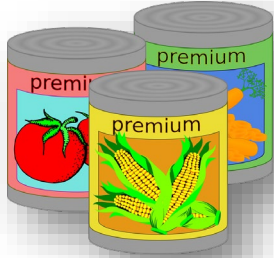


What to give

Canned protein, vegetables, fruits, breakfast cereals, shelf stable meals, granola and protein bars, rice, beans



Shampoo and conditioner, toothpaste and toothbrushes, deodorant, feminine hygiene products, hand sanitizer



Toilet paper, tissues, paper towels, wipes, garbage bags, diapers and wipes

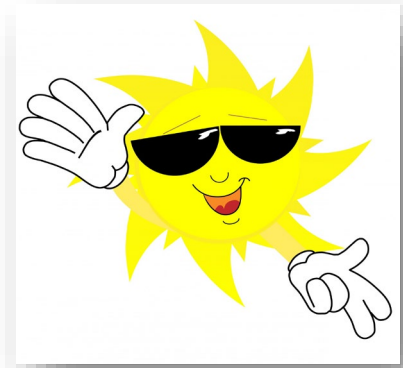


be part of the SOLUTION

HOW CAN YOU DONATE:

There are a number of ways for you to donate:

- **Option one:** Just show up and fill the pantry on your own!
- **Option two:** Purchase items and request a pick up using the contact information below
- **Option three:** Cash donations and gift cards from any grocery store are also accepted and appreciated and will be put to good use for pantry supplies! Just use the contact information below
- The Pantry Steward is Cathy Svoboda-Schimanski and can be reached via email at CTLittleFreePantry@gmail.com or via message from the Facebook page "Clay Township Little Free Pantry"



Introducing Clay Township Little Free Pantry in the Park



Take what you need,
give what you can.

About the Little Free Pantry

The mini pantry movement is a grassroots, crowdsourced solution to immediate and local need. Whether a need for food or a need to give, mini pantries help neighbors feed neighbors and nourish neighborhoods. Check us out on FaceBook at Clay Township Pantry in the Park.

Take what you need

If you find items inside and you need them, take them and know we care about you. Please remember, the mini pantry belongs to all of us and take only those items you need or can use, trusting the mini pantry will be here for you again.

Give what you can

Place unexpired food, hygiene or paper items inside the mini pantry. Give what YOU would want to receive! Focus on items for your household uses.



DID YOU KNOW:

- A household that is food insecure has limited or uncertain access to enough food to support a healthy life.
- Children are more likely to face food insecurity than any other group in the United States.
- The coronavirus pandemic has left millions of families without stable employment. More than 42 million people, including 13 million children, may experience food insecurity.
- Food insecurity in Michigan increased by over 600,000 due to the pandemic.
- Currently there are almost 2,000 little free pantries throughout the US

"If you can't feed a hundred people, then feed just one." ~Mother Teresa

WISDOM FROM OTHER PANTRY STEWARDS:

- Food items like Kraft mac and cheese are not complete, they need milk and butter to complete. Be aware of these and consider shelf stable complete prepared foods or bundling items:
 - Peanut butter and jelly and a loaf of bread
 - Rice-a-roni and a small oil
 - Cake mix and frosting
 - Cereal and boxed milk
- Everyone donates spaghetti and sauce, maybe think of other options
- When donating canned goods if possible choose canned goods with the pop tops
- Extra special treats that are not donated often:
 - Spices, salt and pepper
 - Coffee and tea
 - Flour and sugar
- Feminine hygiene products are really appreciated
- Tuna and crackers make a great lunch for kids
- Consider what your family enjoys and provide those items. Please do not give items that you are just trying to get rid of