

Municipal Health and Wellness Center

Healthy Employees... Healthy Communities

February 2014
1 City



January 2015
3 Cities



Care Here!
Health & Wellness
C E N T E R

MiLife
Health & Wellness Center
administered by **Care Here!**



Purpose

- **Problems with the traditional health insurance model**
 - ✓ Annual insurance premium increases of 12-15%
 - ✓ Reduced employee benefits, higher employee costs
 - ✓ Absenteeism - sick leave/chronic conditions
- **Employer Sponsored Health and Wellness Center Solution**
 - ✓ Save employers *and* employees money
 - ✓ Improve health and wellness of employees
 - ✓ Improve healthcare experience and better understand the needs of employees
 - ✓ Engage employees in their health, wellness and chronic disease management
 - ✓ Platform for community-wide wellness programs
 - ✓ Community economic growth and development

Patient Centered Healthcare



Medical & Health Services

- Primary Care
- Acute Care
- Episodic Care
- Patient Medication Adherence
- Pharmaceutical Dispensary
- Mail Order Medication
- Immunizations
- Sports Physicals
- Plan of Care Compliance
- Occupational Health & Work Comp
- Physical Therapy

Wellness

- Care Management
- Weight Management
- Hypertension Management
- Addiction Intervention
- Pre-Diabetes Management
- Lipid Management
- Stress Management
- Tobacco Cessation
- Exercise Adherence
- Nutritional Counseling
- Plan of Care Compliance
- Mental Health Management
- Disease Management
- Cardiovascular Risk Reduction
- Health Risk Assessment/
30 Panel Biometric Blood Draw

Support Services

- 24/7 Call-Center
- 1-800 Customer Support
- Education Tools
- Marketing
- Information Technology Support
- HRA Employee Events

Technology

- Electronic Medical Record
- CareHere Connect
- Information Technology
- Online Appointment Scheduler
- Smartphone Application
- EMR Access & Integration with Outside Specialist/PCP/ER

Engage Employees in Their Health Outcomes

Chronic Condition Identification and Management

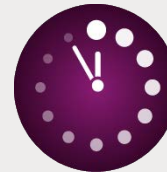


Reduce
Healthcare
Claims Cost



Identify/Treat
Chronic
Illness

Healthy, Happy Employees



Increase
Productivity



Improve
Employee
Morale

Understand Needs of Employees



Trust in
On-site Care
Providers



Save Money
With No
Co-Pay

Prevention



Access to
Wellness
Programs

Convenience – Value Time



No
Appointment
Wait Times

Economic Growth & Development

Battle Creek



Toyota Tsus



**Creating Partnerships
through the
region**



FERNDALE



**and
across the
state**

The Results – Projected Health Savings

City of Battle Creek
13 Month Period from February 1, 2014 – March 31, 2015

Condition	Lab Test	Criteria	Instances	Projected Savings	Total Projected	Source
Diabetes	Glucose, Serum	>=105	48	\$ 10,683	\$ 512,784	National Institute of Health (1 Yr. Cost)
High Cholesterol	Total Cholesterol	>=200	48	944	45,312	American Journal of Cardiology (18 Mth Cost)
Hypertension	Systolic Pressure	>=140	121	7,428	898,788	Milliman and MedStat (1 Yr Cost)
Marker for Prostate Cancer	Prostate Antigen, Serum	>=4	1	42,570	42,570	Journal of Clinical Oncology (5 Yr. Cost)
Obesity	Body Mass Index (BMI)	>=30	188	1,615	303,620	Obesity Review (1 Yr. Cost)
Total			406		\$ 1,803,074	

MiLife TriCities
3 Month Period from January 1, 2015 – March 31, 2015

Condition	Lab Test	Criteria	Instances	Projected Savings	Total Projected	Source
Diabetes	Glucose, Serum	>=105	17	\$ 10,683	\$ 181,611	National Institute of Health (1 Yr Cost)
High Cholesterol	Total Cholesterol	>=200	47	944	\$ 44,368	American Journal of Cardiology (18 Mth Cost)
Hypertension	Systolic Pressure	>=140	39	7,428	\$ 289,692	Milliman and MedStat (1 Yr. Cost)
Obesity	Body Mass Index (BMI)	>=30	100	1,615	\$ 161,500	Obesity Review (1 Yr. Cost)
Total			203		\$ 677,171	

The Results

Battle Creek (12 month actual)

- ✓ Marketplace Comparable Cost **\$566,343**
- ✓ Actual Cost **\$355,643**
- ✓ City Savings **\$210,700**
- ✓ Employee Savings **\$177,294**
- ✓ Occ Med Savings **\$16,000 +**
(6 month period)

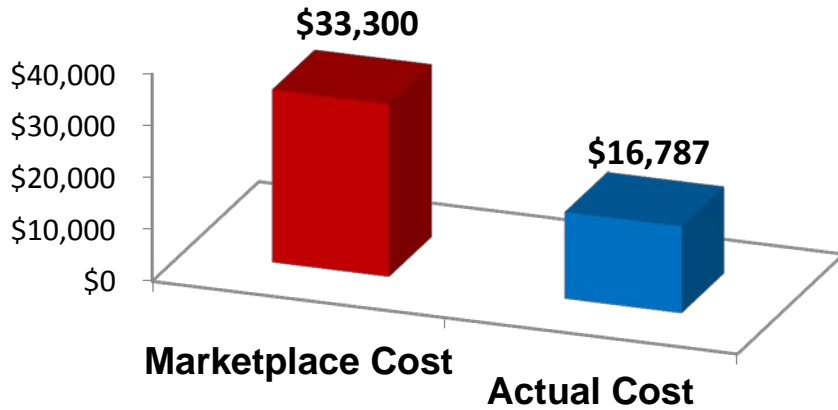


MiLife TriCities (12 month projected) (Ferndale • Madison Heights • Royal Oak)

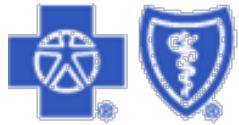
- ✓ Projected Marketplace Comparable Cost **\$385,009**
- ✓ Projected Actual Cost **\$289,274**
- ✓ Projected Savings to Cities **\$95,735**



High Propensity to Leave with Medication in Hand



Example Cost Savings: Simvastatin (per 20 mg Rx)



Plan Payment

\$79.20



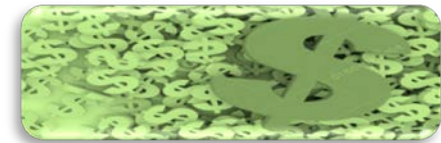
EE Copay

\$25.10



Pass Thru Cost

\$4.29



CoBC

\$74.91

Employee (EE)

\$25.10 \$12.75 (HSA)

Battle Creek Health & Wellness Center

Snapshot Utilization – 13 months



Appointment Utilization City of Battle Creek Group

Beginning Date: 03/01/2014 Through Date: 04/30/2015 ****NOTE: subtotals/total include collaborator numbers; removed relative to fit**

City of Battle Creek Group				Appts.		Employee		Dependent	
Health Center	Provider	Available appt.	Unit	#	%	#	%	#	%
Ancillary Visits - Flu Clinic	K. Miller S. Waffle	34	Subtotal	34	100.0%	13	38.2%	19	55.9%
Ancillary Visits - Flu Vaccination	K. Miller J. Mott	41	Subtotal	41	100.0%	34	82.9%	7	17.1%
Ancillary Visits - Nurse Only	J. Champion J. Mott S. Waffle K. Miller	344	Subtotal	344	100.0%	232	67.4%	67	19.5%
Ancillary Visits - Seasonal Pre Employment	K. Klein J. Cegielski J. Champion	47	Subtotal	47	100.0%	35	74.5%	11	23.4%
CareHere Health & Wellness Center Fire Fighter Physicals	K. Klein	8	Subtotal	4	50.0%	3	37.5%	1	12.5%
CareHere Health & Wellness Center Visits	K. Klein J. Cegielski A. Harrington C. Lee-Billing M. Lange J. Richard	9298 Appointments available	Subtotal	7446	80.1%	4677	50.3%	2059	22.1%
Totals		9846		7981	81.1%	5045	51.2%	2176	22.1%

MiLife Health & Wellness Center

Utilization – 3 Months



				Appointments		Employees		Dependents	
Clinic	Provider	Capacity	Unit	#	%	#	%	#	%
MiLife Health and Wellness Center Visits	F. Thomas	474 Appointments Available	Ferndale Eligible Employees	35	7.4%	28	5.9%	5	1.1%
			Madison Heights Eligible Employees	199	42.0%	142	30.0%	11	2.3%
			Royal Oak Eligible Employees	118	24.9%	83	17.5%	27	5.7%
			Subtotal	352	74.3%	253	53.4%	43	9.1%
Totals		474		352	74.3%	253	53.4%	43	9.1%